

| Date | Start | End | Event Name | Location |
|---------------------------|--------------------|--------------------|---|------------------------------------|
| Mon 09/18/2023 | 9:00 am | 11:00 am | Emmaus High School G C V @ OPEN (EPC Championship) | UNKNOWN |
| Mon 09/18/2023 | 3:30 pm | 5:30 pm | Emmaus High School TN G V vs Blue Mountain High School | EHS > Tennis Courts |
| Mon 09/18/2023 | 4:00 pm | 6:00 pm | Emmaus High School FB B JH @ Whitehall High School | EPSD Stadium |
| Mon 09/18/2023 | 5:00 pm | 7:00 pm | Emmaus High School VB G JV vs Pocono Mountain West HS | EHS > Auxiliary Gym |
| Mon 09/18/2023 | 5:00 pm | 7:00 pm | Emmaus High School FH G JV vs Easton Area High School | EHS > Memorial Field |
| Mon 09/18/2023 | 5:30 pm | 7:30 pm | Emmaus High School FB B JV @ Whitehall High School | EPSD Stadium |
| Mon 09/18/2023 | 6:00 pm | 8:00 pm | Emmaus High School VB G V vs Pocono Mountain West HS | EHS > Auxiliary Gym |
| Mon 09/18/2023 | 6:30 pm | 8:30 pm | Emmaus High School FH G V vs Easton Area High School | EHS > Memorial Field |
| Tue 09/19/2023 | 12:00 am | 2:00 am | Emmaus High School SOC B V vs Pocono Mountain West HS | EHS > Memorial Field |
| Tue 09/19/2023 | 3:30 pm | 5:30 pm | Emmaus High School TN G V vs Whitehall High School | EHS > Tennis Courts |
| Tue 09/19/2023 | 4:00 pm | 6:00 pm | Emmaus High School SOC G V @ Pocono Mountain West HS | Pocono Mtn West HS |
| Tue 09/19/2023 | 4:00 pm | 6:00 pm | Emmaus High School CC B V vs White | Whitehall |
| Tue 09/19/2023 | 4:45 pm | 6:45 pm | Emmaus High School CC G V vs White | Whitehall |
| Tue 09/19/2023 | 5:00 pm | 7:00 pm | Emmaus High School SOC B JV vs Pocono Mountain West HS | EHS > Memorial Field |
| Tue 09/19/2023 | 5:30 pm | 7:30 pm | Emmaus High School SOC G JV @ Pocono Mountain West HS | Pocono Mtn West HS |
| Wed 09/20/2023 | 2:00 pm | 4:00 pm | Emmaus High School G C V vs Southern Lehigh | UNKNOWN |
| Wed 09/20/2023 | 3:30 pm | 5:30 pm | Emmaus High School TN G V vs Bethlehem Freedom High School | EHS > Tennis Courts |
| Wed 09/20/2023 | 4:00 pm | 6:00 pm | Emmaus High School VB G JV @ Bethlehem Freedom High School | Freedom Hs |
| Wed 09/20/2023 | 5:00 pm | 7:00 pm | Emmaus High School FH G JV @ Nazareth Area HS | UNKNOWN |
| Wed 09/20/2023 | 5:15 pm | 7:15 pm | Emmaus High School VB G V @ Bethlehem Freedom High School | Freedom Hs |
| Wed 09/20/2023 | 6:30 pm | 8:30 pm | Emmaus High School FH G V @ Nazareth Area HS | UNKNOWN |

| Date | Start | End | Event Name | Location |
|---------------------------|--------------------|---------------------|--|--------------------------------------|
| Thu 09/21/2023 | 2:00 pm | 4:00 pm | Emmaus High School G C V vs Bethlehem Freedom High School | UNKNOWN |
| Thu 09/21/2023 | 3:30 pm | 5:30 pm | Emmaus High School TN G V @ East Stroudsburg North HS | East Stroudsburg North HS |
| Thu 09/21/2023 | 7:00 pm | 9:00 pm | Emmaus High School FB B V @ Pocono Mountain West HS | EPSD Stadium |
| Fri 09/22/2023 | 3:30 pm | 5:30 pm | Emmaus High School FH G V @ East Stroudsburg Senior HS South | East Stroudsburg South HS |
| Fri 09/22/2023 | 5:00 pm | 7:00 pm | Emmaus High School SOC G JV vs Louis E Dieruff HS | EPSD Stadium |
| Fri 09/22/2023 | 5:00 pm | 7:00 pm | Emmaus High School SOC B JV @ Louis E Dieruff HS | EHS > Memorial Field |
| Fri 09/22/2023 | 5:00 pm | 7:00 pm | Emmaus High School FH G JV @ East Stroudsburg Senior HS South | East Stroudsburg South HS |
| Fri 09/22/2023 | 6:30 pm | 8:30 pm | Emmaus High School SOC G V vs Louis E Dieruff HS | EHS > Memorial Field |
| Fri 09/22/2023 | 6:30 pm | 8:30 pm | Emmaus High School SOC B V @ Louis E Dieruff HS | EPSD Stadium |
| Sat 09/23/2023 | 8:30 am | 10:30 am | Emmaus High School CC G V @ OPEN (JV - Penncrest Invitational) | UNKNOWN |
| Sat 09/23/2023 | 9:00 am | 11:00 am | Emmaus High School SOC B V @ Easton Area High School | Easton Hs |
| Sat 09/23/2023 | 9:00 am | 11:00 am | Emmaus High School FB B MS @ Bethlehem Catholic High School | Bethlehem Catholic HS |
| Sat 09/23/2023 | 9:10 am | 11:10 am | Emmaus High School CC B V @ OPEN (JV - Penncrest Invitational) | UNKNOWN |
| Sat 09/23/2023 | 10:30 am | 12:30 pm | Emmaus High School SOC B JV @ Easton Area High School | Easton Hs |